

A photograph of a person in a gym setting, wearing a red top and dark leggings, sitting on a bench. In the foreground, there is a yellow kettlebell and a black water bottle with a yellow cap. The background is a blurred gym with various exercise machines.

GYM & SPA

GYM

A modern and functional gym is located in the pool area for exclusive use by our guests. The gym rules are posted for all users to see. For your safety, please read and follow them.

Rules

1. The gym is exclusively for use by hotel guests and members.
2. Thank you for maintaining proper behavior in the gym. Do not bring food, wear a bathing suit, or smoke in the gym facilities.
3. The use of tennis shoes, athletic clothing, and bath towel on the exercise machines

is mandatory. Exercising with an exposed torso is not allowed.

4. For your safety, check the devices before using them.
5. We are not liable for objects lost or forgotten in the gym.
6. Do not bring anything that is not standard gym equipment into the gym, as well as any article that bothers or poses a risk to other guests.
7. Gym use is only for guests aged 18 and older.

Important:

- Help us make sure that the devices are always clean and in good conditions.
- Report any anomaly to the Express Line.
- Physical training equipment in the facilities poses certain risks. If they are not avoided, they can result in injury and even death.
- Open 24 hours a day.



ORIENTAL SPA

The spa rules are posted for all users to see. For your safety, please read and follow them.

1. Guests must maintain respectful behavior at all times within the facilities.
2. Bathing suits must be worn at all times in the sauna, steam room, and jacuzzi area.
3. Shower required before entering the jacuzzi.
4. The use of disposable clothing is required during your treatment.
5. Food and drink are not allowed.
6. Please do not shower, use soap or other body products in the jacuzzi, steam room, or sauna.

7. Please do not run or play in the spa facilities.
8. Out of respect for other users, please keep your voice low when talking.
9. Do not drink alcohol prior to using the jacuzzi or receiving a treatment. If you do drink alcohol, please wait three hours before using the facilities.
10. Do not use music devices (iPod, cell phone, etc.).
11. The spa manager is authorized to deny use of the facilities to any person who does not comply with these rules or who, at their discretion, poses a threat to the facilities.
12. Operating hours: 9 a.m. - 8 p.m.